

... community ... belonging ... networking ... social activities ... CEs ...

**ASSESSING CLIENT SPIRITUALITY**

**with Erik Mansager**

Thank you, **Erik!** And thanks to all who packed the party room at the Edgewater Plaza (famous Adlerian hangout, home of **Tee Dreikurs**) to welcome Erik, the president of the North American Society of Adlerian Psychology, to Chicago and his new job at the Adler School of Professional Psychology. The presentation was nothing short of glorious!

And very current given today's charged and often confusing discussions – in the newspapers, on TV, by our politicians – over the roles religion and spirituality play in our everyday life. After a review and history of the world's major religions, Erik, via lecture, demonstrations, and interactive group work, showed participants how to

- distinguish religion from spirituality
- take into account the differences between a therapist's and client's views of religion and spirituality
- consider differential diagnoses, and
- incorporate a wellness strategy into therapy and treatment

All in all, to quote one of the participants: "It got me thinking **BIG TIME!**"

Again, thanks, Erik, and thanks to all who came – especially those who participated in the **Chicago Adlerian Society** for the first time, making the attendance one of the best ever!

**NEXT UP – October 29! – Art Making and Psychodrama! Scroll down ...**

## **DREAMWORK: UNDERSTANDING THE LANGUAGE OF THE NIGHT**

**with Judy Sutherland, Ph.D., ATR-BC, LCPC  
and Renee Dushman, MA, AMFT, LCPC**

**October 29, 2005 (Saturday)**

**10 - 3 p.m.**

**The Great Books Foundation/23<sup>rd</sup> Floor**

**35 East Wacker Drive**

**Chicago, IL**

**4 CEs\***

**Best bargain in town:**

**\$20 student rate, \$30 professional rate (Chicago Adlerian Society members),**

**\$40 professional rate (non-Chicago Adlerian Society members)**

**Contact [lesw@rcn.com](mailto:lesw@rcn.com) for more information and to RSVP. Do not contact The Great Books Foundation.**

### **Workshop Description:**

This is an experiential workshop. Dreams supplied by the workshop participants will be combined with psychodrama and art making to explore the meaning of the dream. Psychodrama and art making can enhance the group dreamwork. Both allow the metaphoric dream symbols to become concretized in the present moment stimulating new perceptions, which may provide a catalyst for insight and change.

### **Goal of the Workshop:**

To gain a better understanding of our dreams from an Adlerian perspective, using psychodrama and art making.

### **Objectives:**

1. Participants will learn the value of using creative arts therapies when working with dreams.
2. Participants will have a better understanding of the creative purpose of dreaming.
3. Participants will find that dreams are consistent with the dreamer's life style.
4. Participants will have an understanding of the purpose of emotions in dreams.
5. Participants will learn how and why dreams can be self-deceptive.
6. Participants will experience social interest in group work.

**Judy Sutherland, Ph.D., ATR-BC, LCPC** is the Director of the Art Therapy programs at the Adler School of Professional Psychology. She has been a counselor in practice since 1985 and an art therapist since 1991. She and **Renee Dushman, MA, AMFT, LCPC** in practice since 1979, have been instructors at the International Committee of Adlerian Summer School Institute (ICASSI) as well as presenters at the conferences of the North American Society of Adlerian Psychology (NASAP). They also presented at the Association for the Study of Dreams in 1997.

\*Sponsored by the Chicago Adlerian Society. This program is co-sponsored by the North American Society of Adlerian Psychology (NASAP). NASAP is approved by the American Psychological Association to

offer continuing education for psychologists. NASAP maintains responsibility for the program. NASAP is also recognized by the National Board of Certified Counselors (NBCC) to offer continuing education for National Certified Counselors (NCC). We adhere to NBCC and APA Continuing Education Guidelines.

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