

... community ... belonging ... networking ... social activities ... CEs ...

**Addictions: An Adlerian Perspective**

**with Wes Wingett, Ph.D.**

**August 20, 2005**

... “Outstanding four hours” ... “absolutely wonderful!” ... “excellent materials” ... Wes has a loving command of the theory” ... “He is killed at making the concepts become alive” ... “Lots of incredibly valuable material, presented magnificently” ...

Thank you, Wes, for a truly great, enjoyable, informative, and educational seminar!

Just a list of some of the topics covered shows ... we want you back!

- Types of addictions (substances and activity)
- Adlerian concepts of addiction
- Purposes of behavior
- Adlerian personality theory
- Pampered, neglected, discouraged, and encourage children and adolescents (and adults!)
- How addictions evolve
- The world and self views of the “addicted,” “resilient,” and “affected” individual
- Life Style issues
- Five Entries into Life Style (daydreams and night dreams, early recollections, stressors, childhood disorders, family constellation)
- Narrative therapy and addictions
- Expectations and fantasies
- Genograms
- Biological-cognitive-social concerns
- The challenges of life: work, friendship, sex, self-care, and spiritual
- Choices (everyone has at least three!)
- Motivational interviewing
- How to put our house in order (our clients’, too!)
- The importance of group work
- How to structure group and individual sessions

All this in four hours?! Yes! Overheard at the end:

... “fantastic” ... “the tools Wes gave us I’m going to use in in my practice” ... “this needs to be taken to the world!” ...

... Yes!

Scroll down for more!

Watch this space for news of our September program:

**Erik Mansager**, President of the North American Society of Adlerian Psychology, on  
“Assessing Client Spirituality”.

September 24, 2005

1 – 3 p.m.

**The Chicago Adlerian Society now meets once a month, usually the last weekend, except in special circumstances ... like holidays and our August meetings! Dues cheap: \$20.**

**WATCH THIS SPACE FOR NEWS OF THE CHICAGO ADLERIAN SOCIETY**

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