

... community ... belonging ... networking ... social activities ... CEs ...

MAY 1, 2005 meeting

ADLER SPEAKS!

Thank you **Karen Drescher** and **Mark Stone!** Their discussion of their book, *Adler Speaks: The Lectures of Alfred Adler*, last Sunday, May 1, at Bacino's (private dining room – but open to all!), was nothing short of incredible.

Karen focused on the nuts and bolts of putting the book together: from who had originally transcribed Adler's talks to American audiences to who had donated the material to the Library of Congress and how she was able over the years to cut through the Library's red tape bureaucracy and, well, bring us the book! Her tips for dealing with the Library will prove a boon to all future biographers!

Mark focused more on the contents of the lectures, the basic ideas that Adler held forth on despite the similar but different terms he may have used to describe some of his concepts ("life line" and "guiding line"; "Life Style" and "life lie", etc.). When speaking of Adler's tasks of life, Mark described them as "four great questions of life" regarding (1.) social relationships, (2.) occupation, (3.) love, and (4.) one's attitude toward art and creative endeavor. This last task created a huge buzz among the audience as it is one that many have not grouped with the first three tasks despite Adler's emphasis of the creative self. As Mark explained, "art and creative endeavor" goes beyond the term "arts" to encompass the creative endeavor of the self in constructing one's unique Life Style. As Adler said in New York City on November 5, 1929, "The meaning of life must be created by each individual" (chapter 1 – The Science of Individual Psychology – p. 2).

You can not afford to be without this book! (A bargain at \$13.95 U.S.) Go to the North American Society of Adlerian Psychology's (NASAP) website, www.alfredadler.org, and click on the "Buy from Amazon.com and support NASAP" icon at the right side of home page! Other places selling *Adler Speaks* include the book store at the Adler School of Professional Psychology in downtown Chicago (65 East Wacker Place). The BOOK will also be available at NASAP's annual conference in Tucson, June 16-19.

COMING UP – THIS MAY 21 (Saturday)

Al Milliren and Wes Wingett on Adlerian Brief Therapy (all day seminar!)

TIPs (Theory Into Practice) for Being an Effective Adlerian Counselor

May 21, 2005 (Saturday)

9-4:30 p.m.

The Great Books Foundation/23rd Floor

35 East Wacker Drive

Chicago, IL

6 CEs*

Best bargain in town:

\$20 student rate, \$30 professional rate (Chicago Adlerian Society members), \$40 professional rate (non-Chicago Adlerian Society members)

Contact lesw@rcn.com to reserve your spot and for more information. Do not contact The Great Books Foundation.

w/ Al Milliren, Ed.D., N.C.C.

Professor of Counseling and Coordinator of the Counseling Education Program,

The University of Texas of the Permian Basin and

Diplomate of the North American Society of Adlerian Psychology

and Wes Wingett, Ph.D., LMHP

Counselor in Private Practice, Norfolk Nebraska and

Director of the School Counselor Program

at the Alfred Adler Graduate School, Hopkins, MN

This is a six hour “how-to” workshop for those wishing to be more effective as Adlerian counselors. We will examine five process elements of counseling – relationship, investigation, insight, re-education, and ecology checking – and discuss/demonstrate various strategies appropriate to each of these elements. Included will be brief life style analysis, early recollections, goal setting techniques, life task rating, goal disclosure, and several strategies for re-education.

Format: Discussion and demonstration.

Objectives: This workshop is designed to achieve the following objectives:

- I. To provide a brief overview of the Adlerian counseling process.
- II. To define and identify specific skills and strategies related to each of the five process elements – relationship, investigation, insight, re-education, and ecology checking.
- III. To demonstrate and discuss in depth at least two strategies for each of the above elements.

Al Milliren, Ed.D., has been a counselor and educator since 1961. Currently, Dr. Milliren is Professor of Counseling Education and Coordinator of the Counseling Education program at the University of Texas of the Permian Basin in Odessa, TX. He is the Director of Education for the West Texas Institute for Adlerian Studies in Odessa, vice president of the North American Society of Adlerian Psychology, and chair of the NASAP committee on education and professional development. He is also actively involved in state and local professional counseling organizations.

Wes Wingett, Ph.D., has been a counselor and educator in private practice in Norfolk, Nebraska since 1978. Wes has been a counselor in a mental health center and a teacher, counselor and administrator at various levels of education from elementary through graduate school. A former vice president of NASAP, he currently serves on the Council of Representatives. Dr. Wingett is an adjunct faculty member at Wayne State College, Wayne, Nebraska and at the Alfred Adler Graduate School in Hopkins, Minnesota where he is the Director of the School Counselor Program.

* Sponsored by the Chicago Adlerian Society. The Chicago Adlerian Society is an affiliate of The North American Society of Adlerian Psychology (NASAP). NASAP, as a co-sponsor of this workshop (seminar, conference, etc.), maintains responsibility for all content. NASAP is recognized by the National Board of Certified Counselors (NBCC) to offer continuing education for National Certified Counselors (NCC) and by the American Psychological Association (APA) to offer continuing education for psychologists. We adhere to NBCC and APA Continuing Education Guidelines.

The Chicago Adlerian Society now meets once a month, usually the last weekend, except in special circumstances ... like holidays and our May 21 workshop! Dues cheap: \$20.

WATCH THIS SPACE FOR NEWS OF THE CHICAGO ADLERIAN SOCIETY

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