

... community ... belonging ... networking ... social activities ... CEUs ...

November 21, 2004 Meeting Highlights

Elections held. 2004-5 Officers:

President: Les White
Vice pres: Ileana Nesbitt
Sec'y: Aimee Doremus
Treas: Jordon Levin
Director: Karen Drescher
Director: Roberto Amato

The Chicago Adlerian Society meets the last weekend of every month (Sat. or Sun), except in special circumstances ... like December and January!

December meeting:

December 12 – Sunday – Holiday Party

3 - 5 p.m.

Bacino's, 75 East Wacker Drive, downtown Chicago, private dining room

Adlerian Grab Bag: Bring an Alderian-style gift (spend \$ or use your imagination!)

COMING UP – IMPORTANT!:

January 15, 2005 – Saturday

All Day Workshop (9:00 a.m. – 4:30 p.m.)

SOCRATIC QUESTIONING: "THE PRACTICE OF PRECISION GUESSWORK"

Al Milliren, Wes Wingett

\$30

\$20 – students

Six CEUs available for extra cost

To be held at:

Great Books Foundation

35 East Wacker Drive

Downtown Chicago

RSVP by replying to this notice, or call 1-773-334-6835

Counselors and educators always talk about Socratic Questioning, but how many actually know what it is and how to use it? Come and learn!

Description of workshop:

Those who studied with Alfred Adler learned his treatment style only through direct observation. Rarely did Adler write about the process. However, those who worked with Adler have likened his method to the process of Socratic questioning. Through discussion, demonstration, and practice, participants will have an opportunity to learn the Socratic method as a therapeutic technique.

Goal of workshop:

For participants to obtain an understanding of the Socratic method as a therapeutic questioning technique similar to the style Alfred Adler used in his practice of counseling/therapy.

Professional Learning Objectives:

Participants will learn to :

- 1) Identify and develop various types of Socratic questions;
- 2) Apply Socratic questioning in a 'single-step' response to client information;
- 3) Develop a sequence of Socratic questions in response to a client.

Al Milliren, Ed.D., has been a counselor and educator since 1961. Currently, Dr. Milliren currently serves as Professor of Counseling Education and Coordinator of the Counseling Education program at the University of Texas of the Permian Basin in Odessa, TX. He is the Director of Education for the West Texas Institute for Adlerian Studies in Odessa, vice president of the North American Society of Adlerian Psychology, and chair of the NASAP committee on education and professional development. He is also actively involved in state and local professional counseling organizations.

Wes Wingett, Ph.D., has been a counselor and educator in private practice in Norfolk, Nebraska since 1978. Dr. Wingett currently serves as an adjunct faculty member at Wayne State College, Wayne, Nebraska and at the Alfred Adler Graduate School in Hopkins, Minnesota where he is also the Director of the School Counselor Program.

Drs. Milliren and Wingett have conducted numerous professional presentations and workshops during their careers in counseling and counselor education. They also have a variety of publications to their credits. Most recent publications include:

Milliren, A. & Wingett, W. (2004). "Why Not On Purpose?" Journal of Invitational Education. In press.

Wingett, W. & Milliren, A. (2004). "Lost? Stuck? An Adlerian Technique for UnderstandingThe Individual's Psychological Movement." Journal of Individual Psychology. In press.

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