

... community ... belonging ... networking ... social activities ... CEUs ...

**January 15, 2005 Meeting Highlights**

**“Socratic Questioning: The Art of Precision Guesswork”**

Thank you **Al Milliren** and **Wes Wingett**! Their seminar last Saturday (1/15/05) on “*Socratic Questioning: The Art of Precision Guesswork*” (6 CEs) was nothing short of amazing. Over forty attendees braved Chicago’s single digit temperature (brrrr!) and made their way to The Great Books Foundation to learn how to use the Socratic method as a therapeutic technique. Via games, discussion, demonstration, and practice, attendees learned how to fine tune their interviewing and therapy styles and to ask questions that go “deeper” or, as Al and Wes put it, will get to the “juice” of the issues and one’s Life Style. From how to conduct better intake interviews to how to encourage participation, respect, cooperation, and contribution, all learned new skills that will help clients, therapists, and educators thrive rather than survive! Just consider some of the topics that were covered: the five cloverleaf interview that emphasizes social connections ... how to build rapport and strengths ... working with adolescents ... the “dos and don’ts” question guidelines ... first responses ... the “Bicycle Question,” or discovering how one learns ... the aligning of goals ... asking “opposite” questions ... increasing Social Interest ...  
WOW!

The best way to describe the seminar? Just listen to the participants! They said they learned ... how to listen and connect better ... try out something new ... get new insights ... generate different kinds of questions ... not ask questions that set up the potential for judgment ... trust ... support ... relax ... and, as Wes said, “Go gently.”

Other pluses? Heard throughout the seminar: “it was great to reconnect with the Adlerian community” ... “being with others with similar goals was energizing” ... “I can’t wait until the next meeting” ... “How can I join?” (read to the end of this newsletter for that information!) ...

Thanks to all who came, especially those who were introduced to Adlerian psychology for the first time. The purpose of the Chicago Adlerian Society is to promote Adlerian psychology and like-minded philosophies, or as one attendee said, “You don’t have to be Adlerian to appreciate Adlerian ideas.”

Thank you Al and Wes!

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**Coming up next:**

**February 27, 2005 (Sunday, 2 - 4 p.m.):**

**Joseph Troiani, Ph.D.**

**“The Psychological and Social Aspects of Terrorism”**

**Bacino’s, 75 East Wacker Drive, downtown Chicago, private dining room**

**Reserve your spot. RSVPlease to this note.**

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**Want to learn more about Life Style? What to learn a new and exciting way to analyze Life Styles? Life Style group forming! Reply to this note for more information.**

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Watch this spot for news of the **Chicago Adlerian Society!** Many, many presentations and seminars are being planned ... stay tuned! Want to become more involved or give a presentation? Respond to this note!

The **Chicago Adlerian Society (CAS)** was formed over two years ago. We've hosted a number of meetings and speakers, including **Margot Adler**, Alfred Adler's granddaughter, NPR correspondent, and best selling author.

**CAS** now meets once a month, usually the last weekend, except in special circumstances ... like holidays and our January workshop!

Dues – just \$20. Just come to one of our affairs, or send a check to:

Jordon Levin, Treasurer, CAS  
Adler School of Prof. Psychology  
65 East Wacker Place  
21st Floor  
Chicago, 60601

Thank you ... and pass this note on to interested parties ...

**Watch this space for news of the Chicago Adlerian Society**

Become involved! Pass on your ideas. Reply to this note or speak with our current officers:

President: Les White; Vice Pres: Ileana Nesbitt; Sec'y: Aimee Doremus; Treas: Jordon Levin; Director: Karen Drescher; Director: Roberto Amato

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